

## Character Matters: Developing Students' Habits of Mind (NYC ASPDP Version)

### Credits through After School Professional Development Program (ASPDP)

Register with ASPDP to earn P-credits and CTLE hours.

### Total course hours

3 P-credits = 36 coursework hours.

### Summer 2019 semester dates

Start coursework on June 17, 2019 and finish by September 6, 2019.

Register with ASPDP by August 12, 2019.

### Start your online coursework

Go to [quikitech.com/nyc](http://quikitech.com/nyc) and log in to access your course portal.

### Aligned with Danielson's Framework, including the following components:

- 1b Demonstrating Knowledge of Students
- 3e Demonstrating Flexibility and Responsiveness
- 2d Managing Student Behavior

### Aligned with Next Generation Standards, including:

NYS NGS Speaking & Listening Anchor Standards:

- STANDARD 1: Prepare for and participate effectively in a range of conversations and collaborations with diverse partners; express ideas clearly and persuasively, and build on those of others.

**Course Description:** "Character Matters: Developing Students' Habits of Mind" provides in-depth exploration of universal factors of success: character traits and ways of thinking that can be fostered and developed through guidance and practice that enable people to triumph over adversity and behave with integrity when faced with problems. You'll learn:

- Various secrets of success, including kindness, resiliency, and mistake-making
- How to foster healthy habits of mind in your students
- How habits of mind are key in keeping students on a pathway to fulfilling their potential – a key aspect of equity in education



This course by no means addresses an exhaustive list of important habits of mind - that would be impossible in the given parameters. However, a selective list was created that can particularly boost students' perspectives, attitudes, work ethic, and achievement.

**Course Outline:** This course consists of 7 sessions.

**Session 1:** Course & Content Introduction (including introduction of participants!)

**Session 2:** Habits of Mind (A)

- A. Persistence
- B. Empathy
- C. Kindness

**Session 3:** Habits of Mind (B)

- D. Self-control
- E. Attentive, deliberate listening
- F. Metacognition

**Session 4:** Habits of Mind (C)

- G. Curiosity
- H. Respect
- I. Learned, responsible optimism

**Session 5:** Habits of Mind (D)

- J. Growth mindset
- K. Humor
- L. Audacity

**Session 6:** The Critical Role of the Teacher in Developing Habits of Mind

**Session 7:** Final Project & Course Conclusion