COURSE SYLLABUS: Equipping Students with the Mindset of an Achiever by replacing negative self-perceptions with solid action plans for academic improvement

Course Overview

Is it possible to take a student who normally gets D's for grades and change their way of thinking so that they not only get A's and B's, but they are less concerned about their grade and more interested in actual learning. We believe you will find the research highlighted in this course to be profoundly effective not only for your students but for yourself as well. Be prepared to challenge conventional ways of thinking and to enhance your skills for helping your students not only learn but also help them achieve well on their academic performance. Drawing on years of research by Dr. Martin Seligman from the University of Pennsylvania and Dr. Carol Dweck from Stanford, this course outlines a methodical, and scientifically proven way to help students overcome their negative self-talk and understand their potential for achievement in a new way. From athletes to presidents to immigrants, people who have applied these principles have overcome the odds, broken down stereotypes, and performed at the high levels.

Presenter's Bio

Donny Wise, QuikiTech Founder and CEO, has been an educator for 20 years, in addition to working for UCLA, Hughes Space and Communication, Monster.com, IDC, and RAND Corporation. He received a B.S. in electrical engineering from the University of Washington and a M.S. in electrical engineering from UCLA. His experience in curriculum development, technology training and professional development training has enabled him to build a pipeline of instructional education material from kindergarten through college. He founded QuikiTech based on the conviction that the promise, hope, and future of society rests on the shoulders of our children. He lives in Los Angeles with his wife Ruth and two children who are currently in the Los Angeles public school system.

Course Objectives

After completing this course, educators will:

- Obtain the tools needed to help students have a methodical way for persisting in the face of setbacks and create action plans that translate to higher performance.

Syllabus

Lesson 1: The devastating effects of pessimism and the fixed mindset on student learning and achievement
Lesson 2: Immunizing our students against negative self-perceptions by decatastrophizing and challenging internal negative monologues
Lesson 3: Helping students develop an action plan for improvement by setting a goal
Lesson 4: Describing how the brain works to students and helping them recognized the difference between a fixed mindset and a growth mindset
Lesson 5: Equipping students with a growth mindset and a plan of action
Lesson 6: The peril of praising students for who they are, rather than for the effort they put in
Lesson 7: Project & Survey

Methods of Instruction

Videos

- Video presentations are given by the instructor and are accompanied by PowerPoint slides

- Lessons include links to relevant lectures from various experts in the field

Reading Portions

- Lesson text is included in each course

- Links are provided to reading portions and helpful websites

Quizzes

- Multiple-choice quizzes follow each lesson to check for understanding of reading portions and video content

Assignments

- Open-ended responses based on questions and prompts are given to solidify the lesson content

Passing Requirements

In order to receive credit for this course, the participant must complete all lessons— including videos and reading portions—submit all quizzes and complete all assignments. All assignments must receive a 71% or above to pass the course.

For more information, email the instructor at donny@quikitech.com